

Supper

Week One

April - June

PROUDLY NOURISHED BY



LODESTONE
HOUSE



Mains

Monday

Sweet Potato Kofta
Roast Citrus Chicken

Tuesday

Cajun Pulled Pork
Vegetable Chilli

Wednesday

Cape Malay Chicken Curry
Goan Tofu Curry

Thursday

Beef Goulash
Aubergine Parmigiana

Friday

Asian Pork Stir Fry
Tofu & Vegetable Satay

Sides

Roasted Peppers & Courgettes
Couscous with Peas and Mint
Lebanese Spice Potatoes

Crispy Cauliflower
Roasted Vegetables
Crispy Fries

Sweetcorn
Rainbow Rice
Sweet Potato with Spicy Tomato

Roasted Cauliflower
Carrots & Edamame Beans
Boulangere Potatoes

Egg Noodles
Spring Rolls
Jasmine Rice

Desserts

Doughnuts
Raspberry Jelly and Cream

Brownie
Yoghurt Pot

Banana Cake
Lime Jelly

Toffee Apple Strudel
Strawberry Jelly with Cream

Orange Jelly
Mango Fool

Daily Options

Daily Specials

Selection of Freshly Made Soups,
Home-baked Bread & Jacket Potatoes
with a Choice of Toppings.

Salad Bar

Wholemeal Pasta, Tomato Sauce,
Pesto & Parmesan with an extra Sauce
every day.

Salads

Selection of Freshly made, Sustainable
Composite Salads & Variety of Raw
Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts,
Selection of Fresh Fruit.

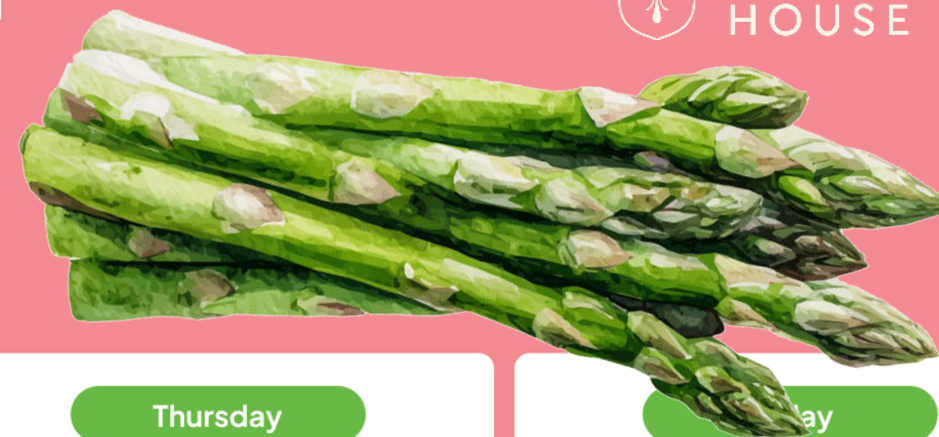


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Week Two

April - June

Monday

Moroccan Spiced Chicken

Feta and Courgette Stuffed Peppers

Aubergine Roast Onions & Mint

Orange & Cumin Carrots

Apple Cinnamon Crumble with Custard

Yoghurt Pot

Tuesday

Pork Chops with Apricot Chutney & Chilli

Tempeh Meatballs Tomato and Chilli

Smashed Roasted Roots

Sweet Potato Mash

Green Beans

Ginger Cake

Strawberry Jelly

Wednesday

Beef Meatballs in Tomato Sauce

Mushroom and Spinach Gnocci

Spaghetti

Garlic Bread

Garlic and Herb Wedges

Lemon Syrup Sponge

Raspberry Jelly

Thursday

Korean BBQ Chicken

Coconut Tofu

Stir Fried Vegetables

Fried Rice

Soy Glazed Carrots

Banana & Caramel Bake

Jelly Pot

Friday

Dipna's Mahkini Butter Chicken

Dipna's Potato Curry

Pilau Rice

Vegetable Samosa

Onion Bhaji

Coconut Sponge

Jelly Pot

Mains

Sides

Desserts

Daily Options

Daily Specials

Selection of Freshly Made Soups, Home-baked Bread & Jacket Potatoes with a Choice of Toppings.

Salad Bar

Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan with an extra Sauce every day.

Salads

Selection of Freshly made, Sustainable Composite Salads & Variety of Raw Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.

Supper

Week Three

April - June

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LODESTONE
HOUSE

Monday

Baked Chicken with Plum
Chutney
Vegetable Moussaka

Green Beans

Roasted Carrots
Parmentier Potatoes

Citrus Tart
Jelly Pot

Tuesday

Lebanese Chicken
Egyptian Falafels

Moroccan Roast Cauliflower

Pitta Bread
Fries

Turkish Churros
Carrot, Sultana & Apricot Flapjack

Wednesday

Turkey Chilli Con Carne
Meatballs with Tomato and Chilli

Mexican Rice

Guacamole and Salsa
Patats Bravas and Chilli Mayo

Spanish Honeyed Toast
Jelly Pot

Thursday

Coconut Chicken
Coconut Tofu

Prawn Crakers

Egg Noodles
Stir Fried Vegetables

Banana Cake
Melon Pot

Friday

Prawn & Chorizo Paella
Quorn Paella

Caraway Carrots

Saffron Aioli
Patatas a La Pobre

Chocolate Cake
Jelly Pot

Mains

Sides

Desserts

Daily Options

Daily Specials

selection of freshly made soups,
home-baked bread & jacket potatoes
with a choice of toppings.

Salad Bar

Wholemeal Pasta, Tomato Sauce,
Pesto & Parmesan with an extra Sauce
every day.

Salads

Selection of Freshly made, Sustainable
Composite Salads & Variety of Raw
Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts,
Selection of Fresh Fruit.