



Supper

Week One January to March

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PROUDLY NOURISHED BY
 **LODESTONE HOUSE**

Mains

Monday

Sweet Potato Kofta
Roast Citrus Chicken

Tuesday

Cajun Pulled Pork
Vegetable Chilli

Wednesday

Cape Malay Chicken Curry
Goan Tofu Curry

Thursday

Beef Goulash
Aubergine Parmigiana

Friday

Asian Pork Stir Fry
Tofu & Vegetable Satay

Sides

Roasted Peppers & Courgettes
Couscous with Peas and Mint
Lebanese Spice Potatoes

Crispy Cauliflower
Roasted Vegetables
Crispy Fries

Sweetcorn
Rainbow Rice
Sweet Potato with Spicy Tomato

Roasted Cauliflower
Carrots & Edamame Beans
Boulangere Potatoes

Egg Noodles
Spring Rolls
Jasmine Rice

Desserts

Doughnuts
Raspberry Jelly and Cream

Brownie
Yoghurt Pot

Banana Cake
Lime Jelly

Toffee Apple Strudel
Strawberry Jelly with Cream

Orange Jelly
Mango Fool

Daily Options

Daily Specials

Selection of Freshly Made Soups,
Home-baked Bread & Jacket Potatoes
with a Choice of Toppings.

Salad Bar

Wholemeal Pasta, Tomato Sauce,
Pesto & Parmesan with an extra Sauce
every day.

Salads

Selection of Freshly made, Sustainable
Composite Salads & Variety of Raw
Vegetables, Grains, & Proteins.

Chilled Desserts

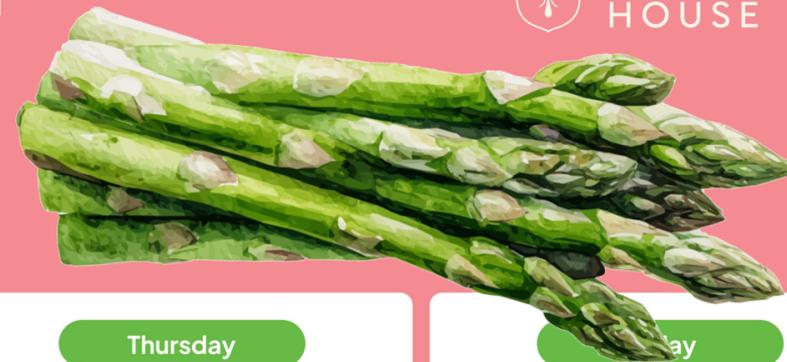
Dessert Pots, Yoghurts,
Selection of Fresh Fruit.



Supper

Week Two January to March

Enter text here



Mains

Monday

Moroccan Spiced Chicken
Feta and Courgette Stuffed Peppers

Tuesday

Pork Chops with Apricot Chutney & Chilli
Tempeh Meatballs Tomato and Chilli

Wednesday

Beef Meatballs in Tomato Sauce
Mushroom and Spinach Gnocci

Thursday

Korean BBQ Chicken
Coconut Tofu

Friday

Dipna's Mahkini Butter Chicken
Dipna's Potato Curry

Sides

Aubergine Roast Onions & Mint
Orange & Cumin Carrots

Smashed Roasted Roots
Sweet Potato Mash
Green Beans

Spaghetti
Garlic Bread
Garlic and Herb Wedges

Stir Fried Vegetables
Fried Rice
Soy Glazed Carrots

Pilau Rice
Vegetable Samosa
Onion Bhaji

Desserts

Apple Cinnamon Crumble with Custard
Yoghurt Pot

Ginger Cake
Strawberry Jelly

Lemon Syrup Sponge
Raspberry Jelly

Banana & Caramel Bake
Jelly Pot

Coconut Sponge
Jelly Pot

Daily Options

Daily Specials

Selection of Freshly Made Soups, Home-baked Bread & Jacket Potatoes with a Choice of Toppings.

Salad Bar

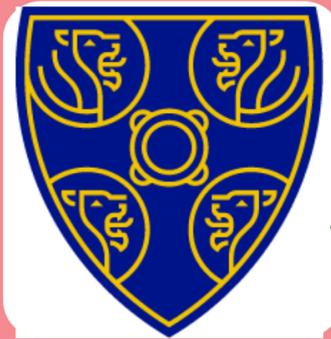
Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan with an extra Sauce every day.

Salads

Selection of Freshly made, Sustainable Composite Salads & Variety of Raw Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.



Supper

Week Three January to March

Enter text here



Mains

Monday

Baked Chicken with Plum Chutney
Vegetable Moussaka

Tuesday

Lebanese Chicken
Egyptian Falafels

Wednesday

Turkey Chilli Con Carne
Meatballs with Tomato and Chilli

Thursday

Coconut Chicken
Coconut Tofu

Friday

Prawn & Chorizo Paella
Quorn Paella

Sides

Green Beans
Roasted Carrots
Parmentier Potatoes

Moroccan Roast Cauliflower
Pitta Bread
Fries

Mexican Rice
Guacamole and Salsa
Patats Bravas and Chilli Mayo

Prawn Crakers
Egg Noodles
Stir Fried Vegetables

Caraway Carrots
Saffron Aioli
Patatas a La Pobre

Desserts

Citrus Tart
Jelly Pot

Turkish Churros
Carrot, Sultana & Apricot Flapjack

Spanish Honeyed Toast
Jelly Pot

Banana Cake
Melon Pot

Chocolate Cake
Jelly Pot

Daily Options

Daily Specials

selection of freshly made soups, home-baked bread & jacket potatoes with a choice of toppings.

Salad Bar

Wholemeal Pasta, Tomato Sauce, Pesto & Parmesan with an extra Sauce every day.

Salads

Selection of Freshly made, Sustainable Composite Salads & Variety of Raw Vegetables, Grains, & Proteins.

Chilled Desserts

Dessert Pots, Yoghurts, Selection of Fresh Fruit.